BIO - David Irvine, The Leader's Navigator

David Irvine is a world-renowned speaker, author, and trusted leadership advisor.

With more than forty years of experience as a family therapist, workshop facilitator, lecturer, and adviser to executives, David has dedicated his life to helping leaders create accountable and authentic organizations. With advanced degrees in human development, science and social work, David takes a unique approach to leadership development that helps leaders amplify their impact by discovering and deepening their authentic presence.

Thousands of people attend David's leadership development programs every year. His clients are from public, private, not-for-profit, family business, and entrepreneurial sectors.

Together with his team, David has created the Authentic Leadership Academy, a one-of-a-kind program that creates community, and helps leaders achieve new levels of success by living integrated lives. He is excited to have launched his newest offering - the SAGE Forums. SAGE Forums are small groups of peer mentoring - a safe, affordable harbour where leaders learn together and support each other in every area of their life.

David is a bestselling author of seven books, with over 300,000 copies sold worldwide, and hosts the podcast *The Leader's Navigator* with his daughter, Hayley.

He serves on board of the Wayfinders Wellness Society, an organization that provides a safe space for military and first responders suffering from PTSD. He is also a sessional instructor in the Faculty of Social Work, University of Calgary, in their graduate program.

As a former nationally ranked distance runner, he maintains an active lifestyle of yoga, boxing, and hiking. David lives with his wife in the foothills of the Rocky Mountains near Cochrane, Alberta. For more, visit www.davidirvine.com

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Podcasts: https://theleadersnavigator.podbean.com/